

ISHPES

International Society for the History of Physical Education and Sport



Joining Instructions

We look forward to meeting you on 14 July at the University of Stirling, Scotland

International Travel to and from Stirling

Flights to Edinburgh

On arrival to Edinburgh airport please follow signs to 'airport bus' transfers directly outside the front entrance where you can get a bus into Edinburgh (cost £3.50). Leave the bus at Haymarket station where you can get a train direct to Stirling (direct trains also run from Waverley Station). The train journey is approximately 45 minutes. When you arrive at Stirling get a taxi from outside the station to the University, the cost is about £6

Flights to Glasgow

On arrival to Glasgow airport please follow signs to bus transfers where you can get a bus into Glasgow, Buchanan Street. From here either walk (10 minutes) or get a taxi to Queen Street Station where you can get a train direct to Stirling. The train journey is approximately 45 minutes. When you arrive at Stirling get a taxi from outside the station to the University, the cost is about £6

Further travel information and maps can be found on the following site:

http://www.external.stir.ac.uk/students/campus_info/getting_here/

Registration

The Congress Secretariat will be open on Tuesday 14 July from 1400 until 1600 and during the entire Congress. Delegates must check in at the Congress Secretariat for registration.

On 14 July the Congress Secretariat will be located in the Atrium which is upstairs in the Andrew Miller Building, University of Stirling and will be open from 1400 until 1600 where you will be given your badge and delegates pack.

If you arrive after 14 July the Congress Secretariat will be located in the Cottrell Building room C2X4/2X6, next to the ISHPES Congress rooms.

A detailed, labelled map of the campus can be found on the conference website.

The Welcome reception will also be held in the Atrium from 1830 until 2000 on Tuesday 14 July. Professor Fred Coalter, University of Stirling will give the Keynote Presentation followed by a buffet and drinks. The reception is open to everyone who has registered together with registered accompanying people.

Accommodation

Student accommodation (standard and en-suite)

You can check in to your room in Andrew Stewart Hall any time after 2pm. You may wish to do this before registering so that you can drop off your luggage before making your way to the Andrew Miller Building. Rooms must be vacated by 0930 on morning of departure (luggage can be left with the Congress Secretariat if necessary).

For those of you staying in student accommodation breakfast will be in Haldane's restaurant.

Management Centre

You can check in to the Management Centre any time after 2pm. You may wish to do this before registering so that you can drop off your luggage before making your way to the Andrew Miller Building. Rooms must be vacated by 1000 on morning of departure.

For facilities available to residents of the Management Centre please click here:

<http://www.smc.stir.ac.uk/content/default.asp?page=s2>

Messages

Should anyone need to contact you during the Congress messages can be emailed or phoned to the organisers:

contact@ishpes.info

fax: 01786 201 052

mobile: 07799 738 263

Messages will then be put on the notice board with Congress Secretariat.

Social Programme

If you have not booked for any of the trips please do so on line (www.ishpes.info) as there may not be places available when you arrive.

Tickets will be issued at registration for the Social programme events. These will be collected upon entry so please make sure you have booked for the events that you (or your partner) wish to attend.

Hill Walking

If you are not going on one of the trips on Friday (which are free) there may be the opportunity for hill walking. We are waiting for confirmation that a guide will be available – please email contact@ishpes.info if this is something that would interest you and we'll see what we can do.

If you are not going to the dinner at the Famous Grouse you may like to visit the **MacRobert Arts Centre** on campus where there is a cinema, theatre, bar and restaurant.

Please visit their website <http://www.macrobert.stir.ac.uk/MACROBERT/Index.html> to find out what's on.

Social Programme Addition

An addition to the Social programme is on Thursday 16 July with 'Songs of Sport' performed by Mike Huggins, Keynote Speaker and Keith Gregson. They have generously agreed to entertain you with music at 7pm at the Meadow Park, just off the University campus. We will be selling tickets for this for £8 at registration. This is to cover the cost of food. Please purchase tickets when you register on day 1 so we can confirm numbers with the venue.

Climate in Scotland

The weather in Stirling can best be described as changeable. In July the maximum daily temperature can vary between extremes of 10 and 30 degrees Celsius, but is generally between 15-25 degrees Celsius. Be prepared for rain and sun, but not snow.

Stirling's high latitude, whilst not quite making it the land of the midnight sun, does make for long twilight evenings at this time of year.

Currency and Foreign Exchange

British currency works on the decimal system with one pound (Stirling) equalling 100 pence. Denomination of notes: GBP £5, £10, £20, £50

*1 US dollar = 0.68 British pounds sterling

* 1 Euro = 0.88 British pounds sterling

Rates as at 21 April 2009

Electricity and Electrical plugs

The electricity supply in Scotland is 230 V, 50 Hz.

For the plugs used in Scotland see <http://users.telenet.be/worldstandards/electricity.htm>

Insurance

Registration fees do not include personal travel or health insurance of any kind. The Organizing Committee and the Congress Secretariat do not take responsibility of any delegates failing to insure themselves. The Organising Committee and the Congress Secretariat accept no liability for personal injuries, or for loss or damage to property belonging to Congress delegates, either during, or as a result of the Congress.

Internet and Computer Café

There is no wireless access on campus but there are plenty of computer rooms where you can access the internet. Obtain a password from the Congress Secretariat free of charge at registration.

Language

The official language of the Congress is English

Medical Services

In Scotland you don't have to pay for medical treatment in a hospital. Emergency medical care is provided by the NHS (National Health Service).

Insert location of medical centre, dental clinics

Presentations

All participants who want to make a PowerPoint presentation are requested to email their presentation to contact@ishpes.info 2 weeks prior to the conference.

Security

Stirling is a safe campus. Nevertheless, one should watch out for pickpockets in the cities. At the Congress access control will be enforced for extra safety and delegates should always wear their name badge

Sports facilities

Swimming

As a resident you have access to the 50m swimming pool on campus. A swimming pool timetable will be included in your delegates pack.

Golf

Unfortunately Airthrey Golf Course is not available to individuals but you can 'pay as you play' at the 9-hole, course.

Squash

There are 3 squash courts in the sports centre. Additional charges will apply

Fitness Centre

This is the MP Jackson Fitness Centre. It contains a fitness suite and strength and conditioning "super centre". Additional charges will apply.

Time Zone

Scotland is in the Greenwich Mean Time zone (GMT)

Tourist Information

See <http://www.visitscotland.com>

ISHPES Congress Secretariat

Tel: +44 (0) 1786 820 254

Fax: +44 (0) 1786 201 052

Email: contact@ishpes.info

Web: www.ishpes.info